



2017 Asian Rowing Indoor Championships

Johor Bahru, Malaysia

18 - 19 November, 2017

Bulletin #1

Asian Rowing Federation

| | |
|----------------------------------|-------------------------------|
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Malaysian Rowing Association

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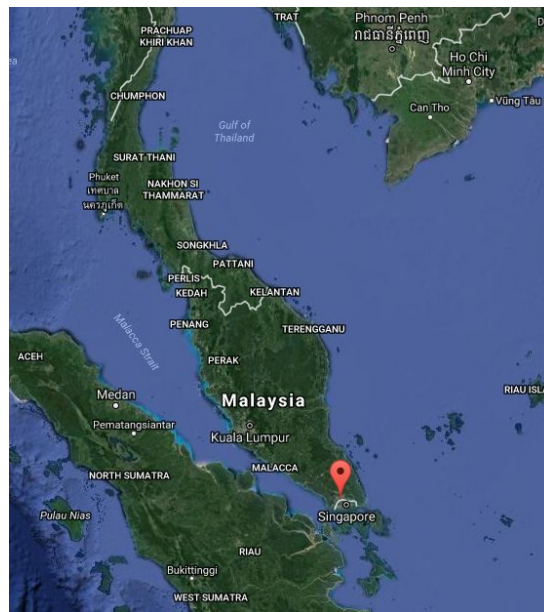
Organizing Committee

| | |
|--------------------------|-----------------------------------|
| Chairman | : Hj. Abdul Malik Hj. Abdul Ghani |
| Vice Chairman | : Mr. Muhamad Hasnul Aizam Bakin |
| Venue Manager: | : Mr. Ainul Jamilus bin Ahmas |
| Competition Manager | : Mr. Norhadi Ishari |
| Accomodiotion | : Mr. Abdul Razak bin Abdul Wahab |
| Transportation/ Logistic | : Mr. Azman bin Jamalludin |
| Contact Person | |
| Secretary | : Mr. Muhamad Hasnul Aizam Bakin |
| Deputy Secretary | : Mr. Hafiz Nor Azri bin Halimi |

International Jury

The International Jury will be appointed by the ARF Umpires Committee.

1. General Introduction of Johor Bahru, Johor, Malaysia:



■ Location

Johor Bahru, capital of the Malaysian state of Johor, sits at the southern tip of the Malay Peninsula. With a causeway across the Straits of Johor connecting it to Singapore, it's a gateway for exploration of that island nation. On the Johor Bahru's waterfront is Istana Besar, a royal palace built by Sultan Abu Bakar in 1866 that now houses the Royal Abu Bakar Museum.



■ Weather

- November Average Temperature

31°C

- Annual Average Temperature

27.1°C

2. Competition Information:

■ Period

The 2017 Asian Rowing Indoor Championships will be held from 18th - 19th Nov 2017.

■ Competition Venue

The Championships will be held in Sports Hall 1, Universiti Teknologi Malaysia Johor

Bahru, Johor, Malaysia. This is the main arena where various important events are held. This venue is 10 minutes walking distance from the participant's accommodation, providing convenience to the participants.

■ Competition Method

The composition of each team in the Championships will be confirmed after receiving the entry from the member federation. Athletes can practice 20 minutes before the relevant race and must be ready 3 minutes before the race. Outside of the competition period, a limited number of machines will be available for teams to practice from 10:00 – 12:00 hrs and 15:00 – 17:00 hrs on 17th November 2017 at the competition venue.

■ Events

The events of the 2017 Asian Rowing Indoor Championships follows :-

| OPEN EVENTS | | LIGHTWEIGHT EVENTS | |
|--|---------------------|--|---------------------|
| Men | Women | Men | Women |
| Individual 2000m | Individual 2000m | Individual 2000m | Individual 2000m |
| Pairs 2000m | Pairs 2000m | Pairs 2000m | Pairs 2000m |
| Mixed Fours (Mixed Team of 2 men + 2 women) 500m | | Mixed Fours (Mixed Team of 2 men + 2 women) 500m | |

■ Prizes

Medal and certificates will be presented to the first, second, third place in each event. Certificates will be presented to all competitors.

■ Preliminary Time Schedule of the Championships Program

| DATE | TIME | EVENT |
|---|--|---|
| 16 th Nov 2017 (Thursday) | | Team Arrival |
| 17 th Nov 2017 (Friday) | 10:00 10:00 – 12:00 15:00 – 17:00 20:00 - 22:00 | Venue Official Open Team Manager Meeting Team Training-1 Team Training-2 Welcoming Ceremony Opening Ceremony |
| 18 th Nov 2017 (Saturday) | 10:00 - 17:00 | Men's Individual Women's Individual Men's Lightweight Individual Women's Lightweight Individual National Events |

| | | |
|---------------------------------------|---------------|--|
| 19 th Nov 2017 (Sunday) | 10:00 - 17:00 | Men's Lightweight Pairs Women's Lightweight Pairs Men's Pairs Women's Pairs Mixed Four's Relay Lightweight Mixed Four's Relay |
| | 17:00 - 18:00 | Prizes Giving Ceremony Closing Ceremony |
| 20 th Nov 2017 (Monday) | | Team Departure |

3. Event Requirements

- A. Lightweight men must be 75.0 kg and under.
- B. Lightweight women must be 61.5 kg and under.
- C. For the individual and team events, all individual lightweight competitors must meet the weight limits above. There is no averaging
- D. The format of the Pair's events will be 2 rowers each rowing 2,000m at the same time on separate machines, with the result assessed as the cumulative score of the two rowers.
- E. The format of the Mixed Four event will be 4 rowers (2 men and 2 women) per team, each rowing 500m at the same time on separate machines with the result assessed as the cumulative score of the four rowers.

4. Entries Requirement

■ Application

The 2017 Asian Rowing Indoor Championships events are open only to official NATIONAL TEAMS selected by National Rowing Federations affiliated to the ARF. Entries must be made by the National Federation in the same manner as for on-water Championships. For Indoor Championships however, each National Federation may make a maximum of 2 entries in each event.

In accordance with the normal FISA and ARF rules, competitors must be citizens of the country which they represent and be able to prove this by showing an official document (passport or identity card).

■ Application Deadline

Preliminary Entry must be received by 18th September 2017. The Preliminary Entry must include the number of athletes to be entered in each event, and the number of officials accompanying each team.

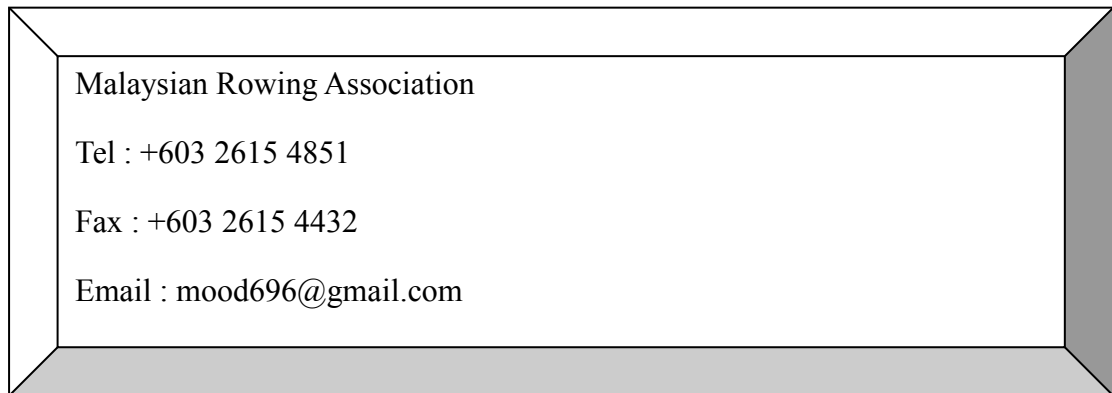
Final Entry is due no later than 30 days before the date of the first heat (18th October 2017) and Entries by name no later than 15 days before the date of the first heat (3rd November 2017). The completed Final Entry must include all necessary information, including the names of each participant, team members and substitutes and officials.

Late Entry: Will not be entertained. Please note that late entries will DEFINITELY NOT be accepted after the final entry lists have been published, or at the Team Manager's meetings.

■ Application Form

Entry Forms for Preliminary and Final Entries are attached to this Bulletin at Annex 1 and Annex 2. There should be filled in and forwarded to the Asian Rowing Federation, with the copy to the Organizing Committee, by the stipulated date.

■ Contact



5. Competition Rules and Regulations

Competition will be run under FISA and ARF Rules

Championship entries must be made on the official entry form and endorsed by the National Federation.

Concept II Rowing Machines and E-row software will be used for all events. Competitors may use the resistance setting of their choice but this cannot be changed during the race.

Team members in pairs and mixed fours will row at the same time and results will be combined to drive the race display boats. (i.e. the speed of the crew will be determined by the averaged pace of the team members). The race distance will be 2000 meters for all events except Mixed Fours – which will be 500m.

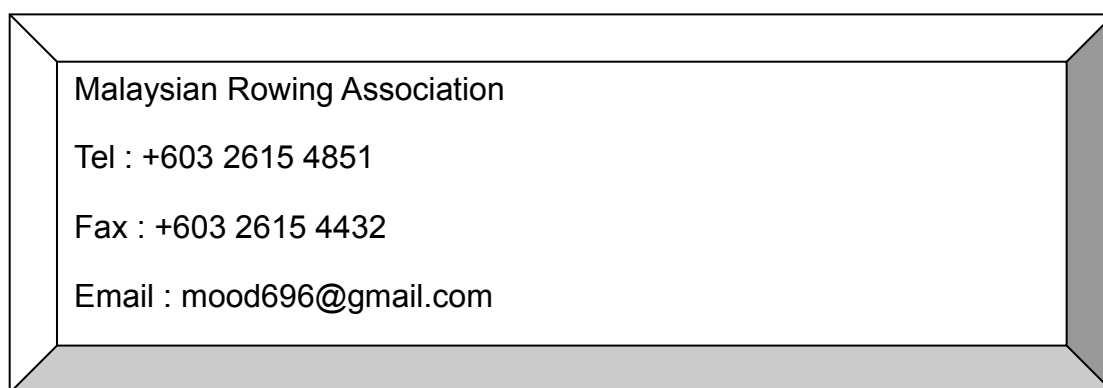
Where possible, all events will be rowed as straight finals. Where the total numbers of entries exceeds the number of machines available for racing however, heats will be arranged as required.

Competitors in Championship events must wear official National Team uniform as registered with FISA

6. Accreditation

In order to reduce the time taken for accreditation processing, all teams are requested to complete the accreditation forms before arrival in Malaysia and to send these to the organizing committee together with 1 passport size photograph of each team member. This should include coaches and team officials. The accreditation forms are attached to this Bulletin at Annex 3 and 4 for rowers and officials respectively. The accreditation booth will be set up on the 16 November 2017 at the SPH 1, UTM Sports Excellence.

7. Administration & Management



8. Transportation

1. Senai International Airport, Malaysia

The Organizing Committee provides free transportation between **Senai International Airport** and the official hotel. Teams will be greeted at the Senai International Airport, Johor upon arrival and escorted to their hotel.

2. Changi (Singapore) International Airport, Singapore

The Organizing Committee will arrange special transport for team arrival at **Changi (Singapore) International Airport**. The cost of transportation from Changi International Airport to official hotel in Johor Bahru (Malaysia) is **USD 50 per person** (Round Trip)

For these purpose all teams should confirm their arrival details to the Organizing Committee at the time of submitting their final entries. A travel and Arrival Details Form is attached at Annex 5 for this purpose.

9. Accommodation and Catering

The Scholar-Inn will be the official hotel and accommodation will be on the basis of Twin-Sharing rooms or Single rooms in two rooms apartment.

Team need to pay for participating in the event an amount of **USD 75 per person per night** for Twin-Sharing Room or **USD 100 per person per night** for Single Room.

Team should indicate their needs at the time of submitting preliminary entries and confirmed at the time of final entries.



Catering will be provided to the teams, 3 meals a day. Team requirements should be indicated at the time of submitting preliminary entries and confirmed at the time of final entries.

| Day | Date | Breakfast | Lunch | Dinner |
|-------|-------------|---------------|-----------------|----------------|
| Day 1 | 16 Nov 2017 | Teams Arrival | | √ |
| Day 2 | 17 Nov 2017 | √ | √ | Welcome Dinner |
| Day 3 | 18 Nov 2017 | √ | √ | √ |
| Day 4 | 19 Nov 2017 | √ | √ | √ |
| Day 5 | 20 Nov 2017 | √ | Teams Departure | |

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| Annex 1 – Preliminary Entry Form | 18 th September 2017 |
| Annex 2 – Final Entry Form | 18 th October 2017 |
| Annex 3a – Accreditation Form – Athletes (open) | 18 th October 2017 |
| Annex 3b – Accreditation Form – Athletes (lightweight) | 18 th October 2017 |
| Annex 4 – Accreditation Form – Officials | 18 th October 2017 |
| Annex 5 – Travel & Arrival Form | 18 th October 2017 |