



Annex 3

COMPETITIVE COMMITTEE PLANNING

ARF Executive and Committee Chairs
Meeting – Bangkok, Thailand
December 8 – 9, 2018



Committee Membership

- Chair:
 - Mr. Chris PERRY (HKG)
- Intro of Proposed Committee Members:
 - Mr. Ishmail BAIG (IND)
 - Mr. Afshin FARZAM (IRI)
 - Mr. Akihiro KANAYA (JPN)
 - Mr. Dede Rohmat NURJAYA (INA)
 - Dr. Rungsan WONGSAN (THA).



General Areas of Responsibility

- To increase participation in competitive rowing in Asia. In particular to encourage higher participation in ARF sanctioned events.
- To analyze and review the standards of competitive rowing and to raise the level of coaching and rowing performance in Asia.
- To liaise with boat builders and equipment suppliers on technical and material support.



General Areas of Responsibility

- To advise the Executive Committee on the events, boat classes, groupings, categories and technical requirements for ARF events.
- To promote, develop and support competition coaching and training camp activities for member Federations, athletes and coaches.
- To facilitate communication between coaches, and organize seminars, clinics, courses and other technical activities.



Coaching Development

- Continue to run annual Coaching Workshop or Conference.
- Work with FISA to offer coaching mentorship opportunities in conjunction with camps and competitions:-
 - “Tell me and I may forget
 - Show me and I may remember
 - Involve me and I will learn and understand!”



Coaching Development

- Develop database of active coaches in the region to facilitate communication and sharing of technical knowledge and to identify individuals for further education and mentoring.
- Establish a Working Group for Female Coaches under the Competitive Committee to support and increase the number of female coaches, and to identify female athletes who may become coaches in the future.



Coaching Development

- Consider offering annual ARF Male and Female Coach of the Year Awards to recognise the important contribution of coaches.
- Hold a regular meetings with coaches at major ARF events to update them on ARF and FISA projects and to gather feedback on their needs.
- Encourage all coaches to take CPR, AED and basic first aid certification.



Training Camps

- Continue to run ARF Annual High Performance Training Camp if demand exists. Incorporate more coach mentoring.
- Continue to run training camps prior to major ARF events wherever possible – particularly prior to the Asian Junior Championships and any regional qualification events.
- Hold smaller, targeted camps in sub-regions with competition, athlete testing and coach mentoring. (FISA Development direction)



Training Camps

- Establish standards and requirements for entry to camps in order to ensure that camp objectives are met.
- Separate wherever possible high-performance and beginner/development athletes to ensure needs of both groups met.
- Keep athlete monitoring data and follow up athletes suitable for further development.
- Improve safety aspects of camps – swimming, safety, SCA risk screening, etc.



Competition

- Confirm standard, gender equal, events for major ARF events. Conduct survey if required to gather views. (Can't please everyone!)
- Find optimal dates for ARF events and ensure that these do not clash with major events on the FISA calendar.
- Announce event groupings as early as possible to ensure all teams can prepare properly.
- Ensure those bidding to host events address technical, infrastructure and fairness issues.



Competition

- Encourage more Asian crews to take part in FISA World Rowing events. Find ways to obtain support to do this by partnering with larger developed Federations in other parts of the world.
- Develop other forms of competition and innovative events in Asia, whilst preserving our traditional high-performance 2K events.
- Ensure that Para Rowing is fully integrated wherever possible in ARF events.



Boats and Equipment

- If ARF succeeds in its goals to increase participation and grow rowing throughout Asia, the challenge to provide boats and equipment will become bigger and bigger.
- ARF must aim to work closely with more boatbuilders and equipment suppliers to let them understand our needs – both for competition and for development. Regular meetings are needed.
- We should also explore boat building options.



Other Topics

- In line with FISA and other international sports federations there is a need to increase education and awareness about **Safeguarding**. This includes unacceptable conduct, sexual harassment, child protection etc. We should educate officials, coaches and athletes whenever opportunity exists.
- We may further promote Olympic Values, the values of rowing and better environmental awareness during our activities.



Other Topics

- It appears likely that lightweight rowing will not be included in the Olympic Games after 2020. Although it will remain in the World Championships participation may be affected by reduced funding. We must explore how to keep lightweight rowing alive and healthy in Asia. Oceania has also expressed interest to cooperate with Asia on this.
- Coastal or Beach Rowing is likely to become more prominent and we should be ready.



Other Topics

- There is an overlap between the ARF and the Arab Rowing Federation. Some Arab federations are members of FISA, whilst others are not. To further promote development in this region, we should explore further ways to cooperate or arrange joint activities.



Cooperation with FISA

- FISA is keen to cooperate with Continental Confederations.
- FISA Development Team:-
 - Gianni Postiglione (ITA) – Coaching Director
 - Sheila Stephens (CAN) - Development Director
 - Yihuan Chang (NED) – Development Manager Asia
 - Chris Perry (HKG) – Development Consultant Asia
- Continental Representative – Liu Aijie (CHN)
- Natalie Philips – General communications.



FISA/OS Funding

- It is important to note that FISA itself only has a limited budget for targeted development projects. Most funding comes from Olympic Solidarity.
- OS run 21 World Programmes in 5 areas:-
 - Athletes
 - Coaches
 - NOC Management & Sharing
 - Promotion of Olympic Values
 - Special Workshops and Projects



FISA/OS Funding

- It is important to understand that FISA cannot normally access funding from OS directly. Applications for funding projects must come via National Olympic Committees. FISA can only help to facilitate and advise.
- FISA does not currently have any major sponsor for funding programmes itself.
- FISA also arranges with Organizing Committees of major event for development places – accommodation, boat support etc.

Working Together

Let's Make Asian Rowing Great!

