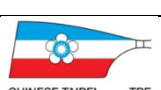
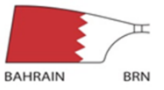
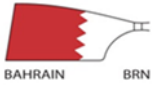




Asian Indoor Rowing Records

as 1st APR2019 time 2334 By Radm.PRAPARNPONGS POCHANASOMBURANA Secretary General of ARF

	Event	Records	Oar Collor	Name	As	Remark
1	M1X	6:12.4	 INDIA IND	SINGH PARMINDER	31 MAR 2019 Bangkok, THAILAND	
2	W1X	7:08.6	 JAPAN JPN	Akiho Takano	18-19NOV2017 at MALAYSIA	
3	LM1X	6:18.5	 THAILAND THA	JARUWAT SEANGSUK	30Oct2016 Pattaya, THAILAND	
4	LW1X	7:16.5	 THAILAND THA	Phuttaraksa Neegree	30Oct2016 Pattaya, THAILAND	
5	M2X	6:14.5	 INDIA IND	SINGH PARMINDER SINGH BALWINDER	30 MAR 2019 Bangkok, THAILAND	
6	W2X	6:19.5	 KOREA KOR	Yeri PARK hyewon JUNG	30Oct2016 Pattaya, THAILAND	
7	LM2X	6:26.7	 IRAQ IRQ	AL – KHAFABI MOHAMMED RIYADH AL – DULAIMI OMER ISMAIL	31 MAR 2019 Bangkok, THAILAND	
8	LW2X	7:31.0	 THAILAND THA	Phuttaraksa Neegree, Matinee Raruen	18-19NOV2017 at MALAYSIA	
9	MIX4	1:31.2	 PAKISTAN PAK	ALI MAQBOOL, ALI HAMID, BANO NAILA, HANIF RAZIA	30 MAR 2019 Bangkok, THAILAND	
10	LMIX4	1.33.0	 THAILAND THA	Pream Namprateung , JARUWAT SEANGSUK , Phuttaraksa Neegree, Kittiya Arreeruk	30Oct2016 Pattaya, THAILAND	
11	JM1X	6:17.6	 PEOPLE'S REPUBLIC CHN OF CHINA	Liuyang SHI	30Oct2016 Pattaya, THAILAND	
12	JW1X	7:03.8	 PEOPLE'S REPUBLIC CHN OF CHINA	Xiaojiao DU	30Oct2016 Pattaya, THAILAND	
13	JM2X	6:16.5	 PEOPLE'S REPUBLIC CHN OF CHINA	yingli Qi, XinXin CHI	30Oct2016 Pattaya, THAILAND	
14	JW2X	7:20.0	 KOREA KOR	Ruiqi LIU, JINGJING LIU	30Oct2016 Pattaya, THAILAND	
15	JMIX4	1:34.0	 INDIA IND	GUPTA PRATIK, SINGH SHAGANDEEP, KAUR AVINASH, SALGAONKAR MRUNMAYEE NILESH	31 MAR 2019 Bangkok, THAILAND	
		1:34.0	 CHINESE TAIPEI TPE	Cheng-Ju FANG, Ya-Chuen LIN, Chin-Hsien CHANGCHI, Chia-chen LIU	30Oc t2016 Pattaya, THAILAND	
16	M1X PR1	7:37.8	 THAILAND THA	MAKKINTORN THANAKRIT	30 MAR 2019 Bangkok, THAILAND	
17	M1X PR2					

18	M1X PR3	4:06.9	 BAHRAIN BRN	MARHOON HUSAIN	30 MAR 2019 Bangkok, THAILAND		
19	M1X PR3 ID	4:15.0	 JAPAN JPN	MARUMOTO TAKURO	30 MAR 2019 Bangkok, THAILAND		
20	W1X PR1						
21	W1X PR2						
22	W1X PR3						
23	W1X PR3 ID						
24	MIX2X PR1						
25	MIX2X PR2						
26	MIX2X PR3						
27	MIX2X PR3 ID						
28	M2X PR3	4:12.3	 BAHRAIN BRN	MARHOON HUSAIN, AL SHAIKH MAJEED	31 MAR 2019 Bangkok, THAILAND		