





2019 Asian Rowing Masters Regatta

Pattaya, Thailand 18th - 22nd December 2019

Bulletin - 2

The Rowing and Canoeing Association of Thailand (R.C.A.T.) 18th Floor, Chalearmprakeat Building, 286 Sport Authority of Thailand Ramkhamhang rd. Huamak, Bangkapi, Bangkok 10240 Tel: +66 2170 9235 Fax: +66 2170 9236 E-mail:office@rcat.or.th ,www.rcat.or.th

Asian Rowing Federation

President: Admiral Chainarong Charoenruk

Vice-Presidents: Mr. Nicholas Ee

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Secretary General : RAdm.Praparnpongs Pochanasomburana

Executive Director : Ms. Meng Yaning (Flora),

Committee Chairs:

Events Committee : Mr. Edy Suyono
Umpiring Committee : Mr. Takao Senda
Competitive Committee : Mr. Chris Perry

Marketing & Promotion Committee : Capt. Jirames Wongsanittadech Rowing Development Committee : Mr. Abdul Malik bin Abdul Ghani

Para Rowing Committee :Mr. Seung-Hoon HAN
Rowing for all Committee :Mr. Girish J Phadnis
Sports Medicine Committee :Mr. Mikio Hiura

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Rowing Canoeing Association of Thailand

President: Adm. Chainarong Charoenruk

Secretary: RAdm. Narupon Kirdnak

Address: The Rowing and Canoeing Association of Thailand (R.C.A.T.)

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Organizing Committee

Chairman :RAdm. Narupol Kirdnak
Vice Chairman :Capt. Wiwat Kwansungnern

:Capt. Poollap Tattatongkam

Venue Manager :Capt.Norrapat Ta-In Competition Manager :Dr.Tanormsak Sanakham

Technical Delegate (ARF) :Mr. Edy Suyono
General affairs :Dr.Rangsan Wongsan

Transportation/ Logistic :Capt.Nopporn Theptoranee

Secretary (Contact Person) :Capt.Jirames Wongsanittadech(+66 97 946 3592)
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International Jury

The International Jury will be appointed by the ARF Umpires Committee.

1. General Introduction of Pattaya, Thailand:



Pattaya is a city in Thailand, a beach resort popular with tourists and expatriates. It is located on the east coast of the Gulf of Thailand, about 165 km southeast of Bangkok.

Just over one hour from Bangkok's Suvarnabhumi Airport, Pattaya is a lively beach town that draws visitors from around the world. With activities that include a wide array of water sports, golf, shopping, cabaret shows, an elephant village, and fascinating museums, it's impossible not to have an action-packed Pattaya holiday. Pattaya is certainly a Thai beach resort that meets the needs of any visitor on any budget.



2. Competition Information:

2.1 Date: 18th to 22nd December 2019

2.2 Competition Venue: Royal Thai Navy Rowing Center, Pattaya, Thailand

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2.3 Provisional Schedule:

Day 1	Day 2		Day 3		Day 4		Day 5		ay 6		ay 7	Day 8
16-Dec-19	17-Dec-19	18	-Dec-19		Dec-19		-Dec-19		Dec-19		Dec-19	23-Dec-19
	Team Arrival	Daily Training Schedules 07:00 hrs to 30 Mins before the first start.										
Team Arrival	Training sessions resume different time every racing day until 17:30 hrs.											
		<u> </u>				08:00 hr	s Jury Meeting					<u> </u>
00.20				100.00		10000		100.00				ı
08:30 hrs	08:30 hrs	09:00		09:00		09:00		09:00	-	09:00		
Venue open	Venue open	ARJC	Group A	ARJC	Group B	ARJC	Group A&B	ARJC	Group A	AKJC	Group B	
			Н		Н		R/S		FA, FB		FA, FB	
10:00 hrs	10:00 hrs											
Practice Start	Practice Start											
	12:00 hrs											Team Departur
	Rescue	12:30		12:30		12:30		12:30		12:30		
	Rehearsal		Group A		Group B	AR M	Group A&B		Group A	AR M	Group B	
		AR C	H	AR C	H	AR C	R/S	AR C	FA, FB	AR C	FA, FB	
							-7-		,			
	14:00 hrs					14	1:00 hrs					
	Team Manager						I Ceremony					
	Meeting						ehearsal					
	15:00 hrs											
	Jury											
	Meeting											
			':00 hrs									
		Opening										
		Ce	remony									
	nagers Meeting will											
	ving Junior Champi				1 : Asian Rov	ving Mas	ters Regatta		AR C : Asia	n Rowin	g Cup	
Legend :		epechag			F - Final	5						

2.4 Events:

The Asian Rowing Masters Regatta will consist of the following Events:

Men: M1x, M2x, M4x, M4-, M8+ Women: W1x, W2x, W4x, W4-, W8+

Event Groupings:

The events will be divided into two(2) Groups, A and B for scheduling purposes. The Groups are as follows:

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Group A	Group B
W1x	M1x
M2x	W2x
M4-	W4-
W4x	M4x
M8+	W8+

ELIGIBILITY

A rower may compete in Masters rowing events from the beginning of the year during which he attains the age of 27. The age of a rower in a Masters rowing event shall be that which he attains during the year of the event. Masters rowing events shall be held in the following crew age categories:

Category A	Minimun age:	27 years
Category B	Average age:	36 years or more
Category C	Average age:	43 years or more
Category D	Average age:	50 years or more
Category F	Average age:	60 years or more
Category H	Average age:	70 years or more

Note 1: Each competitor shall be responsible for his/her own health and fitness. Every Masters rower must be in a position to prove his/her age by presentation of an official document (passport or any identity card)

Note 2: Crews of different Master Age catagories and gender may be rowed in the same heat if there are less than six entries in any catagories. Medals will be awarded based on the repective catagories.

2.5 Entries

2019 Asian Rowing Masters Regatta open to all club crews and national team crew, but all entries need to be recognized by National Federation and entry forms must be submitted through the National Federation.

Final Entry is due by 15th November 2019 and must include the events to be entered, the total number of athletes in the team, and the number of officials accompanying the team.

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The completed Final Entry must include all necessary information for each crew, including name with date of birth of each athlete, all team members and substitutes and officials.

Entry Forms Final Entries are attached to this Bulletin. These should be filled in and forwarded to the Organizing Committee, with a copy to ARF headquarters, by the stipulated date.

2.6 Weather

The past average weather conditions in Pattaya in October are as follows:

Average daily maximum air temperature (°C)	29.6	Predominant wind direction	211° SSW
Average daily minimum air temperature (°C)	24.5	Average wind speed	15.3 km/hr
Average relative humidity (%)	70	Maximum wind speed	28.1 km/hr
Average monthly rainfall (mm)	150.5		

3. Boats and Equipment

- All boats and other equipment must comply with FISA Rules of Racing.
- Participating teams will be encouraged to bring their own boats and oars if possible. Official boat supplier, **Swift Racing**, will provide boats for participants if they are unable to bring own material.
- If you do not bring own boats, you should contact Swift Racing for your boat rental by 15th Nov 2019. Boats and Oars Rental will be only provided to NFs requesting boats and oars rental to Swift Racing. After this date, there is no quarantee of boat availability.
 - $\hbox{-} Contact\ person: Elaine\ Chen\ ,\ E-mail:\ boatrental@swiftinternational.biz\\$
 - The new boat rental charges are as follows (USD / Boat / Day):

Single scull (1x) \$50
Double scull (2x) and Pair (2-) \$60
Quadruple Scull (4x) and Four (4-) \$70
Eight (8+) \$100

- Please note that all the boat rental must have deposit \$100/boat.



Official Shipping Agent

If Nfs want to bring own boats by container, please contact to belows,

Official Freight Forwarder: Ocean Air International Co., Ltd.

Address: 1249/219 Gems Tower 38th Chareonkrung

Rd., Suriyawongse, Bangrak, Bangkok 10500

Contact person: Ms. Sirirat Ratthajorn (Sales Manager)

Email: sirirat@oceanairinter.com

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Contact person: Ms. Jidapa Chirapong (Oversea Correspondence)

Email: jidapa@oceanairinter.com

TEL: +66 2267 4949 - 53

FAX: +66 2267 4954 or +66 2266 5554

E-MAIL: jidapa@oceanairinter.com WEBSITE: www.oceanairinter.com

4. Oars rental

Each team is highly recommended to bring their own oars and sculls as the blades of all oars/sculls must be painted on both sides in the colors of the respective Federations. If you need to rent oars and sculls the rate is \$100/pair of scull, \$120/pair of sweep, for the event.

5. Transportation:

Organizing Committee will arrange the local transportation from the venue to hotel and also turn during the event.

- Suvarnabhumi International Airport and Donmeang International Airport to Ambassador City Pattaya 50 USD/person.(Round trip)
 - U-Tapao International Airport to Ambassador City Pattaya 20 USD/person.(Round trip)

6. Accommodation and Meals:

Ambassador City Jomtien Pattaya will be the Official Hotel. Bookings should be made through the Organizing Committee by <u>15th November 2019</u>

6.1Ocean Wing (Deluxe room)

Single Room	USD 110/person/night including 3 meals				
Twin-room Sharing	USD 95 /person/night including 3 meals				
Triple-room Sharing	USD 80 /person/night including 3 meals				

6.2 Tower Wing (Superior room)

Single Room	USD 95/person/night including 3 meals
Twin-room Sharing	USD 80 /person/night including 3 meals
Triple-room Sharing	USD 65 /person/night including 3 meals

6.3 Garden Wing (Standard room)

Single Room	USD 85/person/night including 3 meals				
Twin-room Sharing	USD 70 /person/night including 3 meals				
Triple-room Sharing	USD 55 /person/night including 3 meals				

7. Visas:

- Visitors from a number of Asian countries require visa to enter the Thailand
- Such visas must be issued before travel, Please check to Thailand embassy for requirement visa in embassy.
- If you need Visa Invitation, Please send copy of passport (Clear and colour) and photograph by email as soon as possible.

8. Accreditation:

All Indivisuals (Jury, Team Officials & Participants) are requested to email a passport photograph with Final Entry Forms.

⁷ The Rowing and Canoeing Association of Thailand (R.C.A.T.) 18th Floor, Chalearmprakeat Building, 286 Sport Authority of Thailand Ramkhamhang rd. Huamak, Bangkapi, Bangkok 10240 Tel: +66 2170 9235 Fax: +66 2170 9236 E-mail:office@rcat.or.th

9. Organizing Committee:

For all enquiries, submission of entries and other information, please contact the Organizing Committee at the following address:

Secretary (Contact Person) : Capt.Jirames Wongsanittadech
Deputy Secretary (Contact Person) : Lcdr. Preecha Phuangphairote
E-mail: office@rcat.or.th, tukky1972@gmail.com, phuang_009@hotmail.com,

Welcome to Pattaya, Thailand for the 2019 Asian Rowing Masters Regatta

Enclosed:

Accreditation Form – Officials
Accreditation Form – Athletes
Hotel Reservation Form
Arrival & Departure Form
Final Entry Form by Name
Entry Form (Adaptive Event)

Deadline: 15th November 2019













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